

The only pure liquid sweetener from stevia extract







## Going on a diet is out-dated

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### The Benefits of Consuming Stevia Diabetes Control

One of the most important health benefits of stevia is blood sugar control. In simple words, Stevia Herbal Dietary Sugar is not absorbed by the body and does not cause blood sugar to rise. Stevia extract has a very high sweetening power, that is, about 100 to 300 times more than the sweetening power of sucrose (refined white sugar). The prevalence of liver cancer in people with diabetes is 4 times higher than in other people. Therefore, by controlling and treating diabetes, other related diseases can be prevented. Continuous use of stevia and its complete replacement with sugar can make an effective contribution to the prevention and treatment of diabetes for people. We are proud that we have made an effort to improve the health of the society by producing a health-oriented product..



Each 5 cc sachet of stevia extract with only 5% concentration can sweeten a 200 cc glass of water or tea without adding extra calories to your body. You can easily guarantee your health by replacing a rock candy with an stevia sachet in all kinds of teas on cold days, or making home-made juice such as tansy mustard, chicory and other herbal extracts with stevia on hot summer days. Therefore, stevia is an ideal alternative to sugar for all people who care about their health, especially diabetics.





#### **Weight Loss and Blood Pressure Regulation**

Stevioside is a type of glucoside, but there are other glucosides in stevia that open blood vessels. Steviol glycoside is not absorbed in the body, but by binding to other harmful compounds and by increasing the function of the kidneys, it causes toxins to leave the body. As a result, it puts less stress on the cardiovascular system and lowers blood pressure. Stevia reduces the production of oral bacteria and prevents tooth decay. The extract of this plant can be used as an antimicrobial supplement due to its antioxidant compounds.



#### **Stevia: Appetite Stimulation Prohibited**

One of the interesting and amazing properties of using liquid stevia dietary sugar under Stevica Brand is that after consumption, due to the presence of stevia sugar molecules on the tongue, you will feel the sweet taste for a long time and for hours. For this reason, continuous use of stevia sweetener with your daily drinks will reduce your desire to consume chocolate and other sweets, and while helping lose weight, it will also prevent blood sugar from rising due to the consumption of such substances. In fact, this substance does not stimulate the appetite in any way and does not make you overeat. Please help improve the health of your family and friends by introducing this product and its benefits to them.





# Life Sweetenens!

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